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## Use the shield on the other side. Draw and write into each section:

- 1. Your greatest achievement
- 2. One thing you cannot live without
- 3. One thing you are proud of
- 4. If you could change one thing in your life, what would it be?
- 5. What job would you like to do?
- 6. What's your favourite food/meal?

Add a word in the ribbon underneath the shield - how others would describe you.

## NOW TRY

Stick your shield onto a wall or door where you can see it every day.

Trace more shields and give to your family so they can make their own.